

CANYON GRAVEL GIRONA RIDE TOUR



RUNNER'S GUIDE



INSTITUTIONAL SPONSOR



TITLE SPONSOR



OFFICIAL MAPING



ORGANIZING



GET YOUR TICKET!

It is essential that you fill out this form to download your ticket and be able to access the festival to collect your bib.

[GET YOUR TICKET](#)





INTRODUCTION

“The ideal gravel to discover the territory of Girona-Costa Brava”

These are two Gravel courses to discover the Gavarres, round grounds with forestry tracks in perfect conditions, ideal for our adventure. We will follow our courses through the track with the GPS, there won't be any sign during the course so we will be able to live the gravel adventure with full liberty.

Saturday we will start in Girona, bordering the northern part of the Gavarres, following the track next to the Ter river, delimited by pollanques. At the height of the population of Palafrugell, we will go inside the Gavarres, a natural interest space by a ridge with a constant slope of corks and oaks.

We will take distance from the transit and the bigger populations until we hear the silence of the remoted corners of this massif. We will ride all the Gavarres, we will pass Santa Coloma de Fitor, Sant Cebrià dels alls, next to Sant Cebrià de Lledó, Santa Pellaia, the Santuari dels Àngels as well as the Castle of Sant Miquel and we will enter Girona by the Vall de Sant Daniel with the company of the Galligants river.

Sunday, the route will cross the southern part of Girona. The first kilometres will be easy but the final part is more demanding as we will climb at the Gavarres next to the zone of Santa Pellaia. Finally we will ride through the massifs to the eastern part of Girona.

TECHNICAL DATASHEET

• DATE	23.09.2023	• DATE	24.09.2023
• HOUR	9:05 AM	• HOUR	9:15 AM
• LOCATION	Fontajau Pavilion (Girona)	• LOCATION	Fontajau Pavilion (Girona)
• CIRCUIT	125KM / 1.500M+	• CIRCUIT	79KM / 950M+



BIB COLLECTION SCHEDULE

COLLECTION INSIDE PAVILION

125KM	Friday 22.09.23 12:00 to 7:15 PM	Saturday 23.09.23 7:00 to 8:30 AM	79KM	Saturday 23.09.23 9:00 AM to 7:15PM	Sunday 24.09.23 7:00 to 8:30 AM
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To pick up your number, you will need the following documents:


- If you took the organization's assurance/ security, you will have to show your ID.
- If you did not take the assurance, you will have to show your ID and the ORIGINAL LICENCE of the UCI, the Spanish Cycling Federation or the Catalan Cycling Federation.
- For minor people, the parental confirmation is mandatory.

To pick up a friend's bib number, you will need the following documents:

- If he/she took the organization's assurance/ security, you will have to show your ID. (a picture or copy is allowed)
- If he/ she did not take the assurance, you will have to show her/his ID (a picture or copy is allowed) and the ORIGINAL LICENCE of the UCI, the Spanish Cycling Federation or the Catalan Cycling Federation (a picture or copy is allowed).

JERSEY



 The delivery will be in the same hall as the inscriptions.

DOWNLOAD YOUR TRACK



125KM



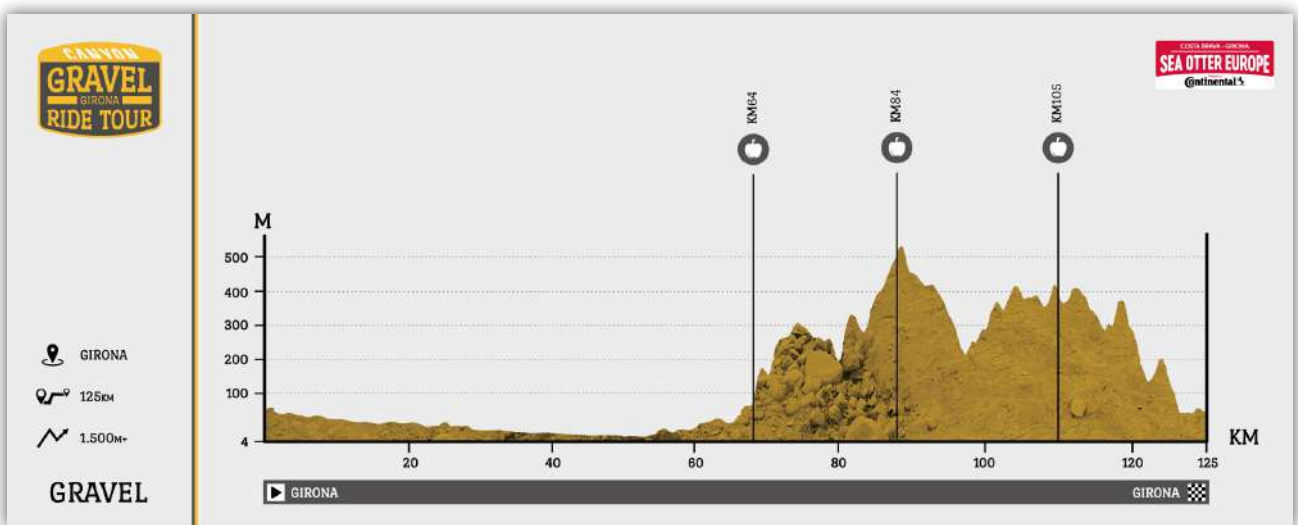
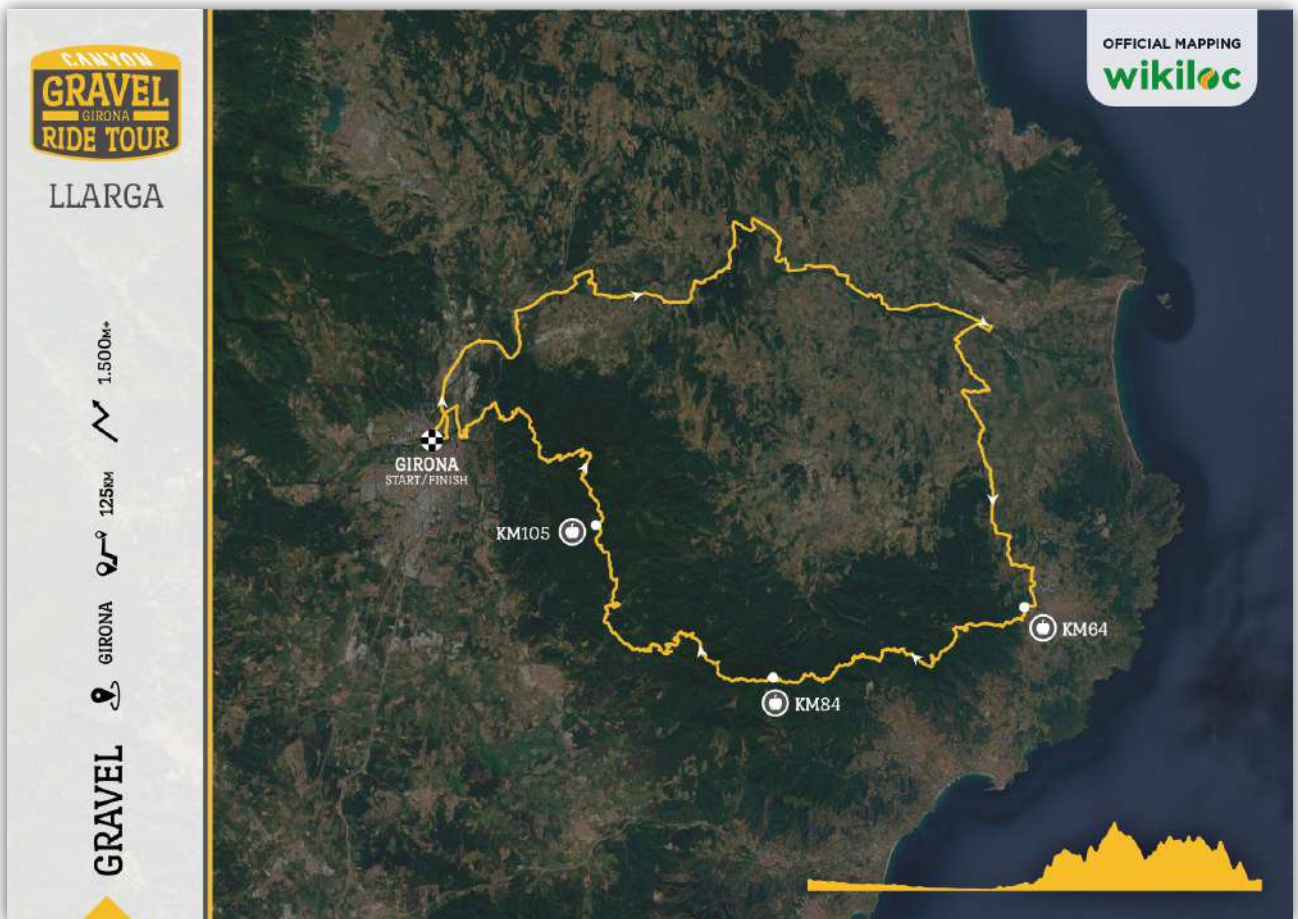
79KM

GARMIN.



**TUTORIAL: HOW TO TRANSFER
YOUR WIKILOC TRACK
TO YOUR GARMIN?**

ROUTE & PROFILE



CANYON
GRAVEL
 GIRONA
RIDE TOUR



CURTA

950M+



79KM

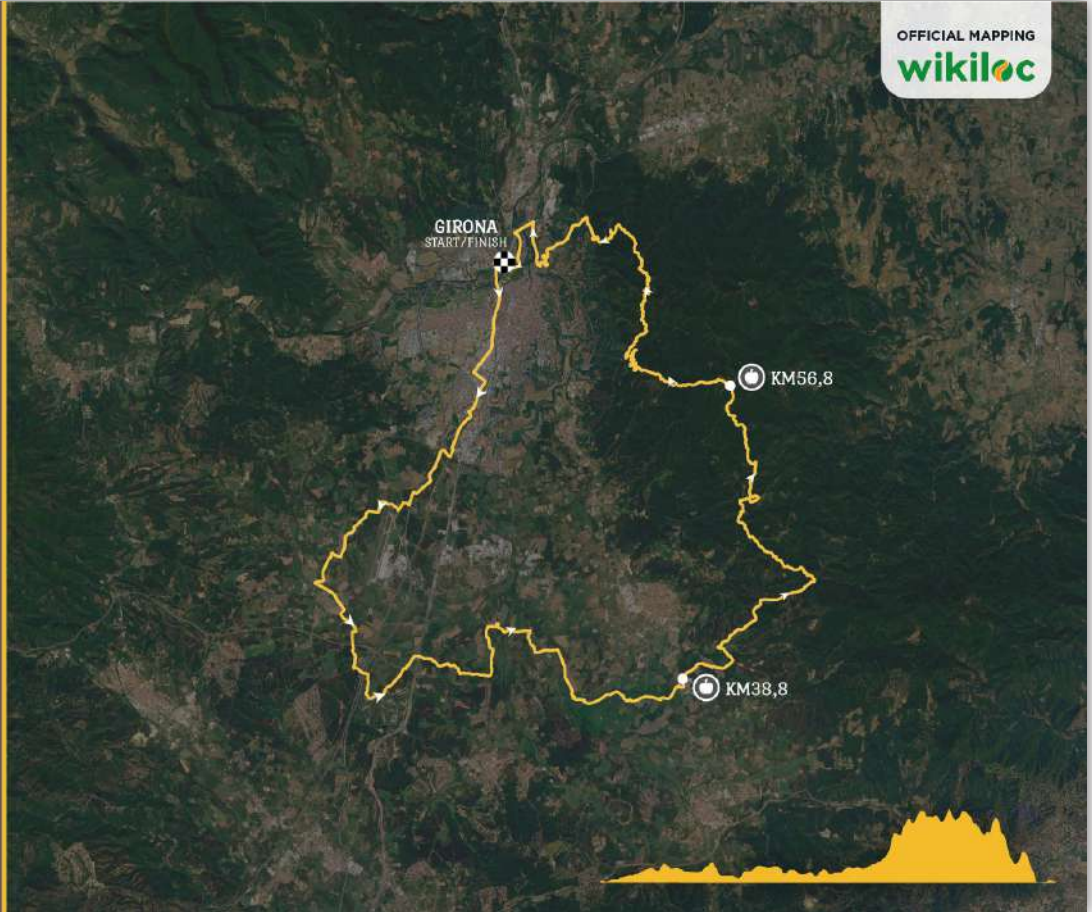


GIRONA



GRAVEL

OFFICIAL MAPPING
wikiloc



GIRONA

79KM

950M+

GRAVEL

CURTA GIRONA - GIRONA
SEA OTTER EUROPE
 @continental's





FEED ZONES

125KM	SOLID KM64	SOLID KM84	LIQUID KM105
79KM	LIQUID KM39	SOLID KM57	

FINISH FEED ZONE

At the arrival you will receive:

- Bottle of water (50cl)
- Arrival refreshment and a hot meals.
- Piece of fruit
- Drink

All participants can pick up the final refreshment with the participant's bracelet during and inside the festival.

OTHER SERVICES

There will be shower and dressing room service.

There will be wardrobe service.

POR PRIMERA VEZ
LA CICLOBRAVA TENDRÁ
BATALLA EN TOTEEMI

TOTEEMI
Reclama el territorio

HAZ CLICK AQUÍ,
DESCARGA GRATIS,
Y GANA PREMIOS.

Available on the App Store | GET IT ON Google Play

POWERED BY STRAVA



ECO-RESPONSABILITY

It is very important not to leave garbage in nature and to use the containers that you will find at each refreshment point, in this way we will respect the environment, the flora and the fauna that Girona offers us.

Solidarity, respect for runners, volunteers, sponsors and the public are essential elements.

Each wrapper or container that we throw on the ground, someone has to pick it up, if we are not aware of this, there will be a day we will not have the involvement of the volunteer.

At the moment of throwing something on the ground, let's think about the volunteer who must pick it up.

RULES

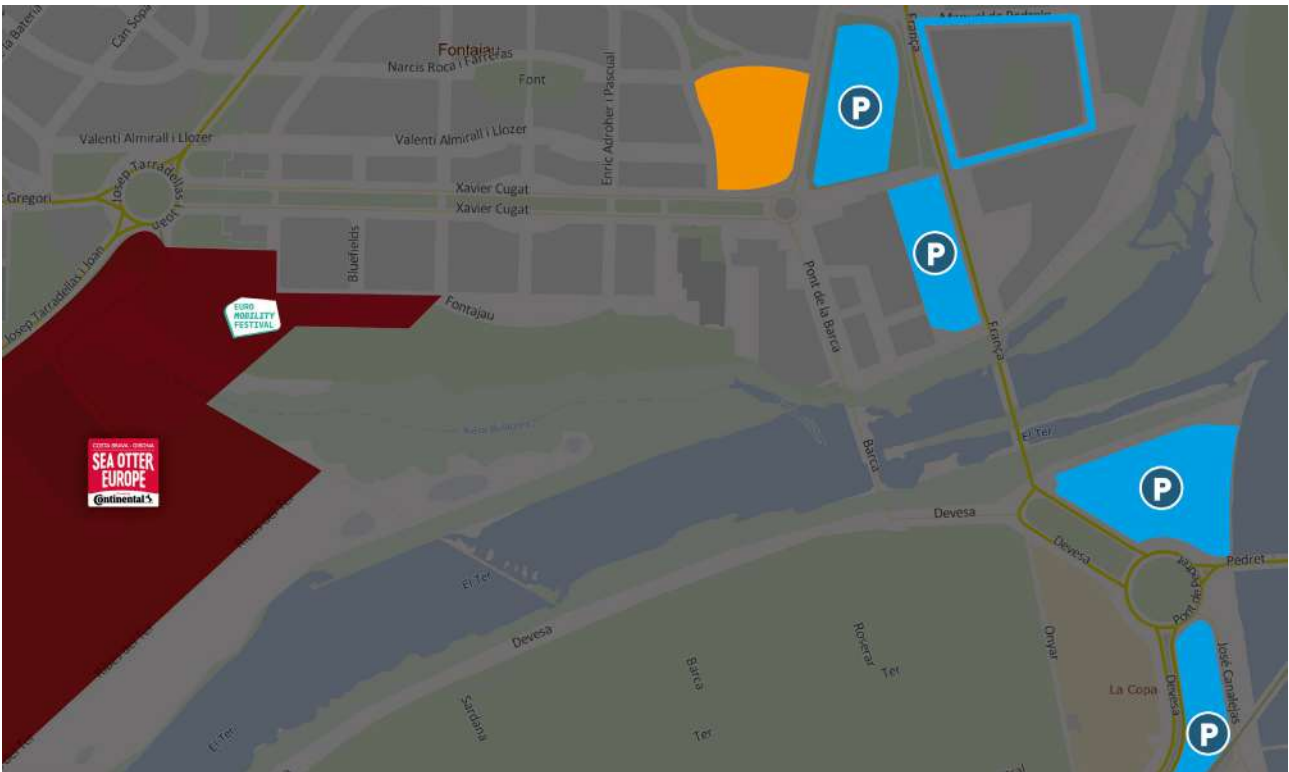
EMERGENCY PHONE 650 148 343



wikiloc

Accede a las rutas oficiales de la
SEA OTTER EUROPE en Wikiloc

HOW TO GET THERE/WHERE TO PARK?



ROUTE START



ROUTE END



PARKING CAMPINGCARS



PUBLIC PARKING

ROUTE TO GO

ROUTE BACK

PARKING ZONES

ONLY ACCREDITED

*Launcher bus: Continuous start

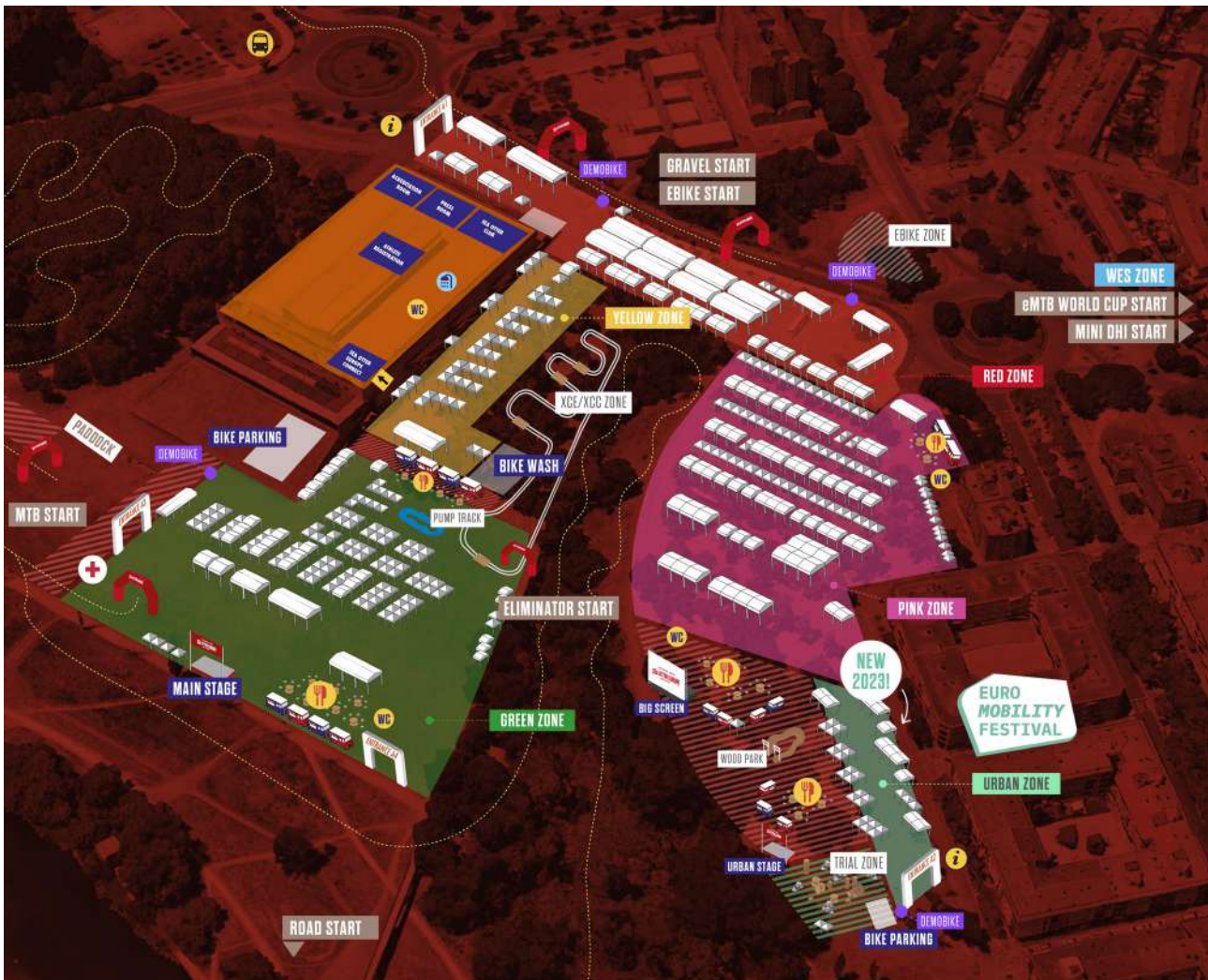
BUS TRANSFER TIMETABLE

Friday 22.09.23 from 11 AM to 8:30 PM
 Saturday 23.09.23 from 8 AM to 8:30 PM
 Sunday 24.09.23 from 8 AM to 4 PM

FESTIVAL SCHEDULE

Friday 22.09.23	Saturday 23.09.23	Sunday 24.09.23
12 to 7:30 PM	9 AM to 7:30 PM	9 AM to 3 PM

FESTIVAL MAP



SPORTS PROGRAM

DIVENDRES 22

12:00h	■	OBERTURA DEL FESTIVAL	FESTIVAL SEA OTTER EUROPE
12:30h	■	INICI DEMOBIKE	CIRCUIT DEMOBIKE
14:00h-15:00h	■	SORTIDA WORLD EBIKE SERIES ROUND 1	ZONA WES
16:00h	■	LLIURAMENT DE PREMIS WES	ESCENARI ZONA URBAN
16:00h-17:00h	■	ENTRENAMENTS SHORT TRACK	MTB START
17:00h-18:00h	■ NOU!	SORTIDA SHORT TRACK	MTB START
18:00h	■	LLIURAMENT DE PREMIS SHORT TRACK	ESCENARI ZONA VERDA
18:00h-19:00h	■	ENTRENAMENTS MTB ELIMINATOR CONTINENTAL SERIES	ZONA XCE XCC
19:00h	■	FI DEMOBIKE	CIRCUIT DEMOBIKE
19:30h	■	TANCAMENT FESTIVAL	FESTIVAL SEA OTTER EUROPE

DISSABTE 23

09:00h	■	OBERTURA FESTIVAL	FESTIVAL SEA OTTER EUROPE
09:05h	■	SORTIDA CANYON GIRONA GRAVEL RIDE LLARGA	AVINGUDA TARRADELLAS
09:30h	■	INICI DEMOBIKE	CIRCUIT DEMOBIKE
09:30h	■	SORTIDA SCOTT MARATHON GIRONA XCM PRO	MTB START
09:35h	■	SORTIDA SCOTT MARATHON GIRONA XCP PRO/OPEN	MTB START
10:00h	■	SORTIDA SUPER CUP YOUTH	MTB START
13:00h	■	LLIURAMENT DE PREMIS SUPER CUP YOUTH	ESCENARI ZONA VERDA
13:30h	■	LLIURAMENT DE PREMIS SCOTT MARATHON	ESCENARI ZONA VERDA
14:00h-15:00h	■	SORTIDA WORLD EBIKE SERIES ROUND 2	ZONA WES
15:30h	■	SORTIDA OPEN ESCOLAR by SEA OTTER EUROPE	MTB START
16:00h	■	LLIURAMENT DE PREMIS WES	ESCENARI ZONA URBAN
16:00h-19:00h	■ NOU!	SORTIDA MTB ELIMINATOR CONTINENTAL SERIES	MTB START
17:00h	■	SORTIDA MTB CLASSIC Memoria I Co pa Grundig	MTB START
19:00h	■	ENTREGA DE PREMIS MTB ELIMINATOR CONTINENTAL SERIES	ESCENARI ZONA VERDA
19:00h	■	FIN DEMOBIKE	CIRCUIT DEMOBIKE
19:30h	■	TANCAMENT DEL FESTIVAL	FESTIVAL SEA OTTER EUROPE

DIUMENGE 24

08:00h-08:20h	■	SORTIDA CICLOBRAVA by ORBEA	PASSEIG DE LA DEVESEA
09:00h	■	OBERTURA DEL FESTIVAL	FESTIVAL SEA OTTER EUROPE
09:00h	■	SORTIDA Shimano Super Cup Massi <small>Cadete Junior (F) M30/40 (F) y M40/50/60 (M)</small>	MTB START
09:00h-11:00h	■	ENTRENAMENTS Mini DH KIDS CUP Se a Otter Europe	ZONA WES
09:15h	■	SORTIDA CANYON GIRONA GRAVEL RIDE CURTA	AVINGUDA TARRADELLAS
09:15h-13:30h	■	SORTIDA COPA GIRONA TRIAL by SEA OTTER EUROPE	ZONA URBAN
09:30h	■	SORTIDA CORRATEC E-BIKE DAY GIRONA	AVINGUDA TARRADELLAS
09:30h	■	INICI DEMOBIKE	CIRCUIT DEMOBIKE
10:40h	■	SORTIDA Shimano Super Cup Massi <small>Elite (F) - S23 (FB) Junior (M) y M30 (M)</small>	MTB START
11:00h	■ NOU!	PRIMERA RONDA Mini DH KIDS CUP Se a Otter Europe	ZONA WES
12:00h	■	SEGUNDA RONDA Mini DH KIDS CUP Se a Otter Europe	ZONA WES
13:00h	■	LLIURAMENT premis Mini DH KIDS CUP Se a Otter Europe	ESCENARI ZONA URBAN
13:00h	■	SORTIDA Shimano Super Cup Massi <small>Elite (M) - S23 (M)</small>	MTB START
13:30h	■	LLIURAMENT DE PREMIS COPA GIRONA TRIAL	ESCENARI ZONA URBAN
14:00h	■	LLIURAMENT DE PREMIS Shimano Super Cup Massi	ESCENARI ZONA URBAN
14:30h	■	FI DEMOBIKE	CIRCUIT DEMOBIKE
15:00h	■	TANCAMENT DEL FESTIVAL	FESTIVAL SEA OTTER EUROPE

■ SORTIDES ■ DEMOBIKE ■ OBERTURA I TANCAMENT DEL FESTIVAL ■ LLIURAMENT DE PREMIS



**GANA UNA
 CANYON GRIZL
 CF SL 8 1BY**

CANYON

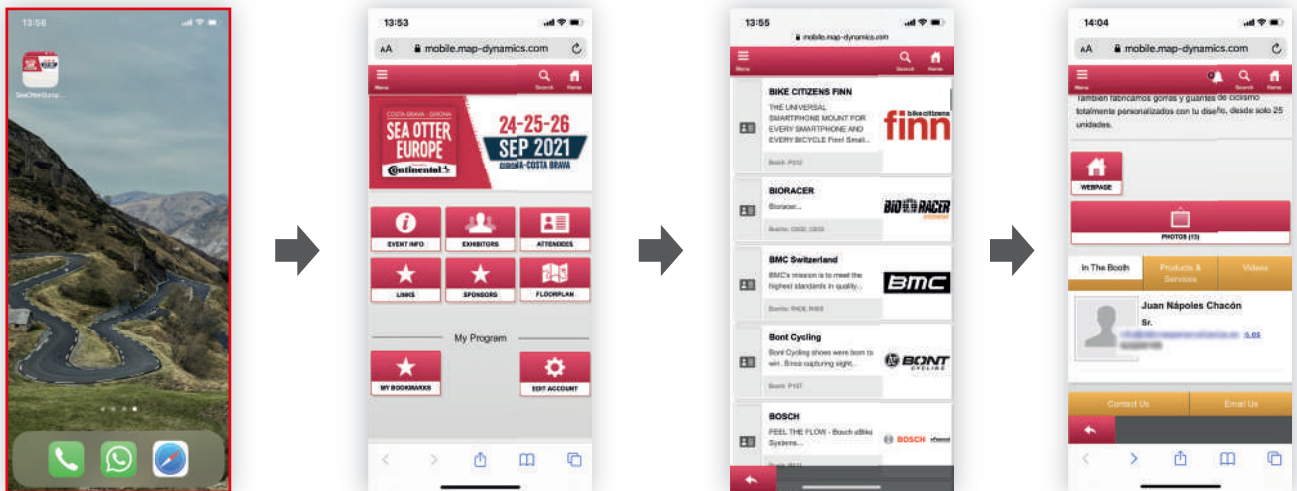
COSTA BRAVA - GIRONA

SEA OTTER EUROPE

Presented by **Continental**

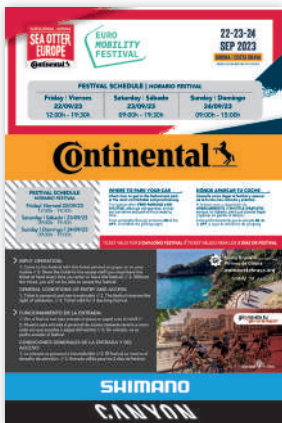
DISCOVER THE EXPO AREA

SEE THE BRANDS LIST



GET YOUR TICKET OR WRISTBAND

GET YOUR TICKET



The athlete bracelet has the same function as the festival ticket. Participants will get their athlete bracelet at the time of collection of the number, in the registration room. But the participant is recommended to download their ticket (through this link) to be able to access within the festival. Once you have collected the number and the bracelet, you can enter and leave the venue with it, without having to enter.





Sea Otter Europe Costa Brava Girona by Continental will provide a free bike wash and maintenance service for **PRORIDE** www.proridebike.com. Get your bike tuned easily and free of charge. You'll also be able to learn more about the **PRORIDE** range of products made by Proquimia, a company with over 50 years' experience of developing products for the maintenance and care of vehicles which is now at the service of cyclists.

Here's a video explaining how the **PRORIDE OFFICIAL BIKE WASH** will operate.
www.instagram.com/p/CwxIPybsxFM/

PRORIDE will be present throughout the festival to offer its experience and knowledge to all cyclists. It will also raffle three complete bicycle cleaning and maintenance kits. To enter you just have to scan this QR code, which you'll also find at the washing point and the **PRORIDE [Y14]** stand and sign up. Don't forget to follow the @proride_bike account on Instagram to find out whether you've won.



Don't miss out on this chance to discover how to ensure that your bike's as good as new and win a full basket of products.
www.proridebike.com/product-category/productos/

